



# The Manage Your Muse Find-a-Word Game

## *Change One Habit*

You know how to do this: Find the following words in the box below. They can be up, down, or diagonal, and forwards or backwards. Have fun!

C	M	B	N	G	N	M	B	V	N	H	C	S	F	L	S	F	W
H	E	A	E	O	P	E	C	O	S	A	O	D	N	O	A	E	Y
P	L	L	I	H	N	S	I	X	F	B	N	R	H	S	C	O	D
P	T	S	E	E	A	T	T	F	B	I	S	A	O	U	S	U	G
R	I	U	F	B	A	V	I	L	S	T	E	W	J	C	E	C	S
V	U	I	B	D	R	R	I	U	U	H	Q	E	U	C	C	H	E
C	T	R	N	T	M	A	P	O	E	S	U	R	T	E	I	A	N
Z	V	U	E	A	G	P	T	A	R	G	E	P	A	S	T	M	I
L	O	R	T	N	O	C	R	I	T	L	N	R	R	S	I	P	L
F	D	I	A	R	Y	T	E	N	O	R	C	A	N	J	R	I	P
Z	O	C	T	E	I	Z	U	S	X	N	E	I	H	A	C	O	I
N	T	N	E	M	T	I	M	M	O	C	S	S	H	C	T	N	C
D	L	D	J	V	I	S	U	A	L	I	Z	A	T	I	O	N	S
M	O	T	I	V	A	T	I	O	N	R	I	T	U	A	L	S	I
B	R	P	W	M	Z	G	H	E	G	D	I	R	B	A	N	R	D
O	S	V	S	R	U	J	Z	O	L	X	E	U	G	Y	U	X	L

SECRET WORD: What we do to honor our successes:

AFFIRMATION  
BEHAVIOR  
BENEFIT  
BRIDGE  
CHAMPION  
CHANGE  
COMMITMENT  
CONSEQUENCES  
CONTROL  
CRITIC

DIARY  
DISCIPLINE  
FOCUS  
FOUNDATION  
GOAL  
HABIT  
HEART  
JOHN  
MOTIVATION  
PLAN

RESULTS  
REWARDS  
RITUALS  
SIX  
SUCCESS  
SUPPORT  
SUZIE  
VISION  
VISUALIZATION